



2020-22 Biennial
**Alcohol and Other Drug
Prevention Certification**

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Final Publishing Date:

Dec. 13, 2022

The University of Toledo
Drug-Free Schools and Campuses Regulations [EDGAR Part 86]
Alcohol and Other Drug (AOD) Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes:

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use and distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A description of the applicable legal sanctions under local, state and federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with state and federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed.
- Ensure that its disciplinary sanctions are consistently enforced.

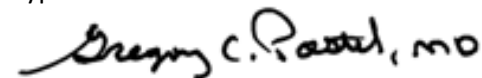
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Dec. 10, 2022

Typed Name of Chief Executive Officer

Date



419.530.2211

Signature of the Chief Executive Officer

Telephone Number

Table of Contents

Introduction	5
Biennial Review Process.....	6
Annual Notification Process: Distribution of AOD Policy to Students and Employees	7
Descriptions of the AOD Prevention Services.....	7
AOD Prevalence Rate, Incidence Rate, Needs Assessment and Trend Data	8
AOD Policies, Enforcement and Compliance	16
Comprehensive Efforts to Reduce Drug and Alcohol Use, Misuse and Abuse.....	20
Statement of AOD Program Goals and Discussion of Goal Achievement.....	20
AOD Prevention Program 2020-2022 Accomplishments.....	21
Appendices	23
Appendix A: Policy Statements.....	23
Appendix A1: Policy on Alcohol and Substance Abuse	23
Appendix A2: Student Code of Conduct.....	23
Appendix A3: Social Events Policy.....	23
Appendix A4: Smoke-Free and Tobacco-Free Policy.....	24
Appendix A5: Pre-Employment Drug Testing Policy.....	24
Appendix A6: Employee Assistance Program Policy.....	24
Appendix A7: Drug-Free Workplace Policy.....	25
Appendix A8: Employee Drug and Alcohol Abuse Policy.....	25
Appendix A9: Procedure for Drug and Alcohol Testing.....	26

Appendix A10: Title IX Policy.....	26
Appendix A11: Amnesty Policy.....	26
Appendix B: List of Educational Programs.....	27
Appendix C: Student Code of Conduct Sanction Rubric.....	29
Appendix D: Annual Notification.....	29

Introduction

The following report was prepared by the AOD Prevention [Program](#). This report is prepared to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act, as stated in Part 86 of the Drug-Free Schools and Campuses Regulations and is designed to document the prevention efforts provided at this institution.

In order to certify its compliance with the Part 86 Regulations, an IHE Institution of Higher Education (IHE) must adopt and implement a drug prevention program to “prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees” both on school premises and as part of any of its activities (Education Department General Administrative Regulations Part 86.100, Subpart B). These standards apply to all students, staff, and faculty members. Creating a program that complies with the Regulations requires an IHE to do the following:

1. Prepare a written policy on alcohol and other drugs.
2. Notify each employee and staff member of the policy in writing every year, including standards of conduct; a description of sanctions for violations at the federal, state, local and campus levels a description of the health risks associated with AOD use; and a description of available treatment programs.
3. Develop a sound and consistent method for distribution of the policy to every student and IHE staff member each year.
4. Prepare a biennial report on the effectiveness of its AOD programs and the consistency of policy enforcement.

The Drug-Free Schools and Campuses Regulations require IHEs to review their AOD programs and policies every two years. This review has two objectives: (1) to determine the effectiveness of, and to implement any needed changes to, the AOD program; and (2) to ensure that the disciplinary sanctions for violating standards of conduct are enforced consistently.

The review includes the following: (1) biennial review process; (2) procedures for distributing AOD policy to students and employees; (3) descriptions of AOD prevention services; (4) prevalence rate, incidence rate, needs assessment and trend data; (5) policies, enforcement and compliance; (6) comprehensive efforts to reduce drug and alcohol use, misuse and abuse; (7) prevention program accomplishments; (8) summaries of AOD program strength and weaknesses; (9) recommendations for revising AOD prevention efforts; (10) conclusion and (11) appendices.

The University of Toledo (UToledo) has developed a comprehensive written policy on alcohol and other drugs and has successfully disseminated this information to students, staff, and faculty. It is in full compliance with Parts 1 and 2 of Part 86 Regulations. This report represents the Biennial Review of AOD Prevention Programs at UToledo as required by the Drug-Free Schools and Campuses Regulations.

This report contains evaluations of alcohol and other drug surveys as suggested by the Department of Education to help measure policy and program effectiveness. In addition, the prevention initiatives UToledo has implemented to reduce drug and alcohol problems are summarized.

Biennial Review Process

This biennial review covers academic years 2020-21 and 2021-22.

UToledo acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act and authorized an administrative review to be conducted to determine if the UToledo fulfills the requirements of the previously mentioned federal regulations. The purpose of this report is to comply as best as possible, using data collected over the past two years. The following campus units provided information for biennial reports: Division of Student Affairs, the University of Toledo Police Department, Human Resources, and Internal Audit and Compliance. The intention of this document is to meet the legal requirements of conducting a biennial review and summarize the programs and activities related to alcohol and drug prevention on UToledo campuses during the period of 2020-2022.

The process to compile the data began in September 2022 and ended in December 2022. The data was collected and assessed through the collaboration of the above-mentioned departments.

The biennial review document is housed online and can be found on the [Alcohol, Tobacco, and Other Drug \(ATOD\) Education and Prevention](#) website, [Human Resources](#) website and the [Institutional Compliance](#) website. The document is available for print via the noted websites. Biennial review documents are required by law to be kept for a minimum of seven years.

Annual Notification Process Distribution of AOD Policy to Students and Employees

UToledo has a written alcohol and other drug [annual notification](#) that is widely distributed to all students, faculty, and staff. This notification is distributed through email each semester. Students may receive additional AOD information during Rocket Launch, the new student and transfer student orientation program, First Year Orientation course, policy website, mandatory first year online course Alcohol.Edu, as well as the AOD Prevention Education website. Staff and faculty are made aware of these policies during new hire orientation. Information related to these policies is also available on the Human Resources website.

Copies of policies related to alcohol and other drug enforcement and compliance are linked in Appendices A1-A11.

Descriptions of the AOD Prevention Services

UToledo provides several places students can go to seek help for alcohol and drug issues including, but not limited to: Recreational Services Student Well-Being, University Counseling Center and the Main Campus Medical Center. Students are provided with caring and confidential services which include education, alternative programming, individual counseling, assessment, case management, referral to community services and self-help programs. UToledo also provides off-campus referrals to students related to AOD matters if the student needs additional assistance.

AOD prevention programming and educational services are provided campus-wide each semester to various student groups including student-athletes, Greeks, first-year students, students who live in the residence halls, multicultural students, students attending first aid classes and Reserve Officer Training Corps classes. In-person AOD programming is provided to students, faculty members and staff by various departments on campus, including the Rocket Wellness the Office of Student Conduct and Community Standards (OSC&CS), the UToledo Police Department, the University of Toledo Medical Center (UTMC), the Office of Greek Life, the Office of New Student Orientation Programs, the Office of Recreational Services and the University Counseling Center. Additionally, Alcohol.Edu is offered online and is mandatory for first-year students.

The OSC&CS has jurisdiction and responsibility for enforcement of the [Student Code of Conduct](#). The OSC&CS outlines behavioral expectations for UToledo students. The Student Code of Conduct and the OSC&CS website provide additional information related to [sanction enforcement](#) for students. Students who violate campus AOD policies are initially referred to the OSC&CS. The OSC&CS collaborates with many campus departments and offices on addressing AOD violations. Students found responsible for violation(s) of the Code receive

educational sanctions to help them change and reflect on their behavior, and how it impacts themselves and the UToledo Community.

The [Annual Security Report](#) is released yearly to the following UToledo Campuses – Main Campus, Health Science Campus, Scott Park Campus, the Center for the Visual Arts, the Stranahan Arboretum, Lake Erie Research Center and Lorain County Community College-University Partnership Ridge.

UToledo adopted the [Amnesty Policy](#) in 2010, and it is reviewed for revisions yearly. The last revision was completed in August 2018. The Amnesty Policy encourages students to make responsible decisions and to seek medical attention in life-threatening situations that result from alcohol and/or other drug abuse.

Additional services for faculty and staff can be found through Human Resources and are in the [Employee Toolkit](#). Employees can utilize the [IMPACT Employee Assistance Program](#). Impact Solutions provides 24/7/365 phone support. It also provides full-services assistance offering web, phone, in-office and on-site solutions for personal, work-related challenges and daily living needs. Should an employee need live, immediate assistance they should call 1.800.227.6007.

AOD Prevalence Rate, Incidence Rate, Needs Assessment and Trend Data

The Number of AOD-Related Incidents Academic Year 2020-21

Charge	Dismissed	Amnesty	Not Responsible	Responsible	No Finding	Total
Alcohol Possession/Consumption	4	7	29	97	13	150
Marijuana/Drug Possession, Use, Distribution	1	3	15	28	10	57

Clery Report 2021	On Campus	On Campus-Res Hall	Non-Campus	Public Property	Unfounded
Disciplinary Action-Drug Law Violation	20	19	0	0	0
Disciplinary Action-Liquor Law Violation	116	116	0	0	0
Arrests-Drug Law Violation	1	0	0	0	0
Arrests-Liquor Law Violation	7	4	0	1	0

**The Number of AOD-Related Incidents
Academic Year 2021-22**

Charge	Dismissed	Amnesty	Not Responsible	Responsible	No Finding	Total
Alcohol Possession/Consumption	3	11	13	38	14	79
Marijuana/Drug Possession, Use, Distribution	0	2	2	7	6	17

*Please note that incident numbers may have decreased in 2021-22 due to decreased enrollment and decreased on campus residents

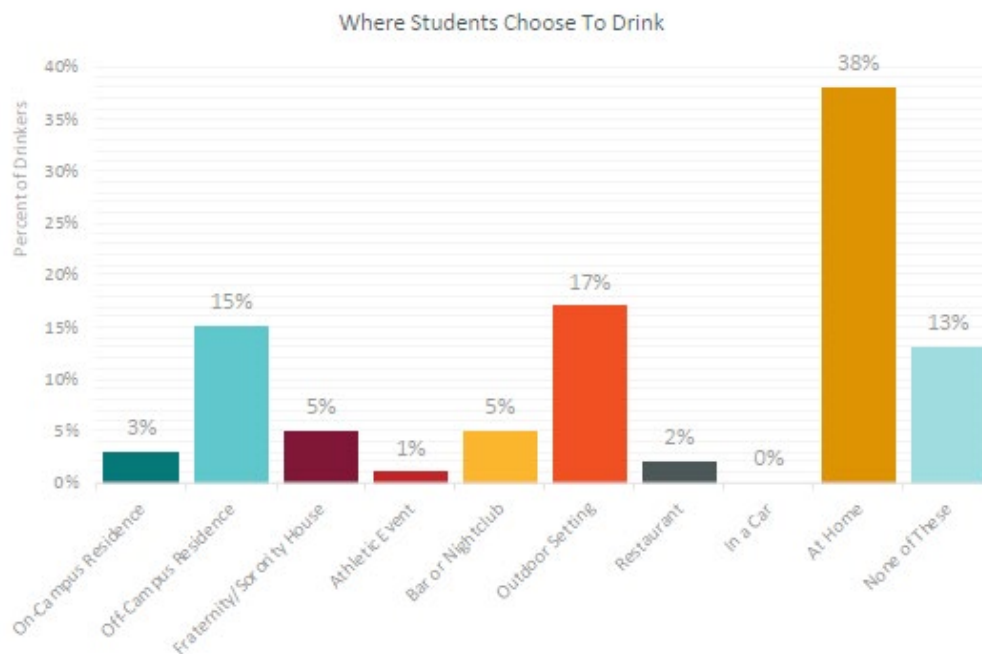
Clery Report 2022	On Campus	On Campus-Res Hall	Non-Campus	Public Property	Unfounded
Disciplinary Action-Drug Law Violation	18	18	0	0	0
Disciplinary Action-Liquor Law Violation	70	66	0	0	0
Arrests-Drug Law Violation	0	0	0	0	0
Arrests-Liquor Law Violation	31	0	1	1	0

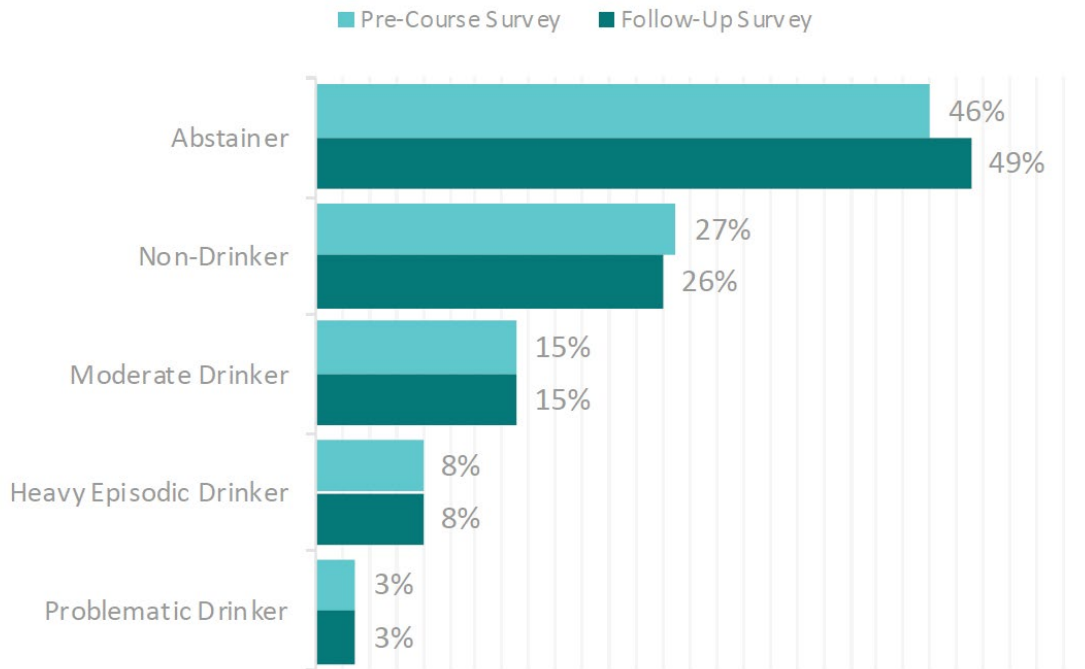
UToledo Alcohol.Edu Report Findings

UToledo mandates that all incoming freshman participate in an online educational module connected to their First-Year Experience course. As noted on their website, [Alcohol EDU](#) is an interactive online program designed to reduce negative consequences of alcohol among students. Students are sent a letter via email to their UToledo account requesting their participation and instructions for completion. All data below is specific to first-year students.

Alcohol.Edu for College Academic Year 2020-21

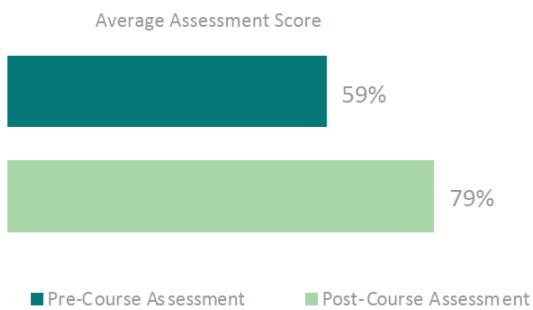
UToledo students completed a pre-course survey and follow-up survey. Impactful results are shown in the graphs below. Of the 1,382 course participants, 46% reported abstaining from alcohol use on the pre-course survey, and 49% on the follow-up survey. An additional data graph shown below reports where students chose to drink. Shown below, 15% of respondents report drinking off campus, while only 3% report drinking on campus. We saw a significant decrease in students reporting on campus over the previous year, however a significant increase in student reporting drinking at home. When course participants were asked about the impact of the course, 92% reported the course helped them plan to make responsible decisions about drinking. In addition, 92% felt the course prepared them to help someone who may have alcohol poisoning. We also saw an increase in assessment scores between the pre-course and post-course.





Course Impact

Students increased their alcohol-related knowledge, and their skills associated with healthier behavior.



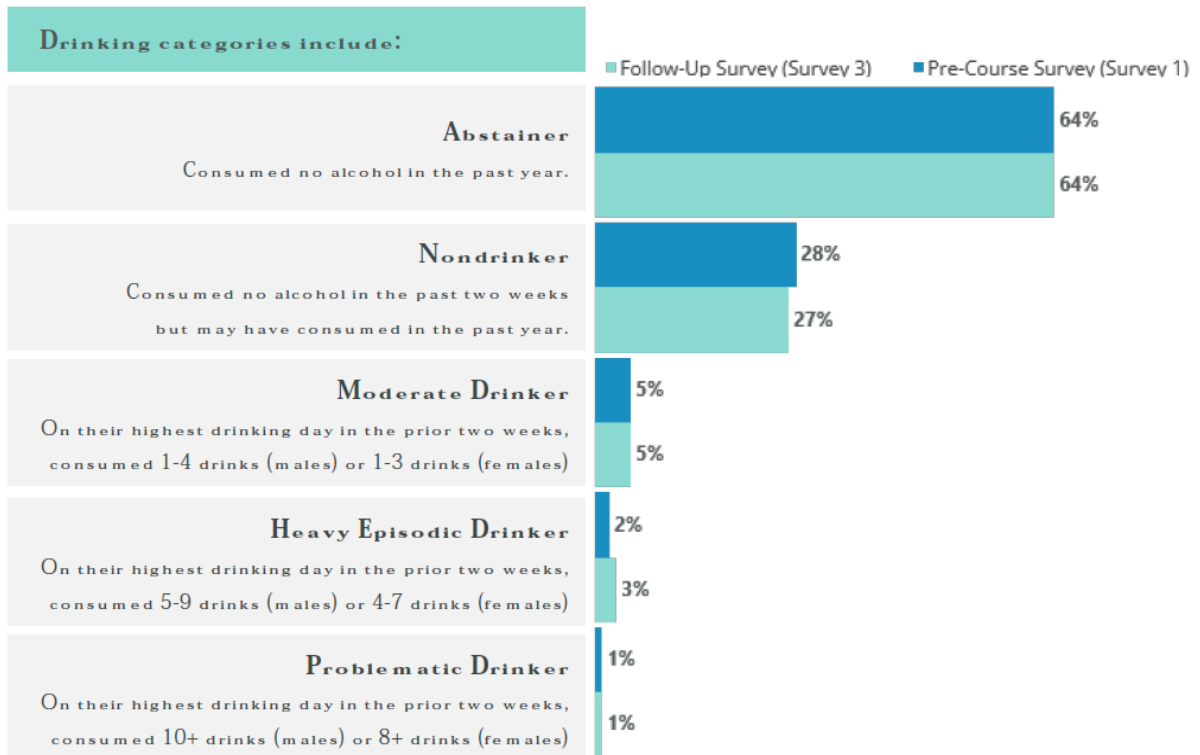
Your students agree AlcoholEdu for College:

Helped them establish a plan ahead of time to make responsible decisions about drinking	92%
Prepared them to help someone who may have alcohol poisoning	92%
Prepared them to prevent an alcohol overdose	91%

*Statistics for 2020-2021 came from 2020 calendar year due to Covid-19 Pandemic

Alcohol.Edu for College Academic Year 2021-22

UToledo students completed a pre-course survey and follow-up survey. Impactful results are shown in the graphs below. Of the 1,985 course participants, 64% reported abstaining from alcohol use on the pre-course survey, and 64% on the follow-up survey. An additional 27% of those students surveyed reported being a nondrinker at the end of the course. Nationally, more students are choosing to regularly abstain from alcohol. However, UToledo students who reported to abstain may perceive that their peers are drinking more and may feel alienated from that perception. When course participants were asked about the impact of the course, 98% reported the course helped them plan to make responsible decisions about drinking. In addition, 97% felt the course prepared them to help someone who may have alcohol poisoning.



Your students reported that AlcoholEdu for College:

Prepared them to help someone who may have alcohol poisoning **97.5%**

Prepared them to prevent an alcohol overdose **97.3%**

Helped them establish a plan ahead of time to make responsible decisions about drinking **97.9%**

Percentages represent post-course survey responses.

83.6% of students
at **University of Toledo**

report that AlcoholEdu changed their perceptions of others' drinking behavior.

University Counseling Center, Chemical Dependency Counselor Service Summary

The University [Counseling Center \(UCC\)](#) is the primary facility at the University of Toledo for counseling, group therapy, outreach support and consultation services. The UCC provides the following:

Individual, couples and group counseling and psychotherapy; psychoeducational workshops; clinical assessment. case management, advocacy, consultation with students, faculty, staff and parents; crisis intervention, university mandated services, and online screenings.

The Counseling Center provides alcohol and other drug-related (AOD) services for students for early intervention, assessment, and referral. Students are referred to the center by various campus offices and self-referral. The Counseling Center utilizes one independently licensed professional clinical counselor to assist with substance abuse and misuse, provide the mandated AOD services and, manage the referrals, and supervise licensed counselors/trainees assisting with AOD mandates and referrals.

The AOD counselor summary includes:

Referral Sources, Assessment Tools Used, and AOD Mandates

Referral Sources (Received) 2020-21	
Name of Department	Referrals Received
OSC&CS	51

Referral Sources (Received) 2021-22	
Name of Department	Referrals Received
OSC&CS	26

2020-21 Counseling Referrals:

- Total: 51
 - Female: 24 (20 completed)
 - Male: 27 (23 completed)
 - Total Referrals Completed: 43
 - 18 years old (y/o): 10 (8 completed)
 - 19 y/o: 13 (13 completed)
 - 20 y/o: 13 (11 completed)
 - 21 y/o: 5 (4 completed)

2021-22 Counseling Referrals:

- Total: 26
 - Female: 12 (9 completed)
 - Male: 14 (7 completed)
 - Total Referrals Completed: 16
 - 18 y/o: 4 (3 completed)
 - 19 y/o: 8 (6 completed)
 - 20 y/o: 6 (2 completed)
 - 21 y/o: 3 (2 completed)
 - Above 21 y/o: 5 (3 completed)
 - 15 from Counseling Center
 - 19 y/o: 1 attended
 - 20 y/o: 3 attended
 - 21 y/o: 5 attended
 - 22 y/o: 2 attended
 - Other 4 may have been clients with required 2 appointments attended

Evidence-Based Tools for Assessment	
Name of Assessment Tool	Summary of Tool
Alcohol and Drug Assessment Form	This form assesses primary and secondary drugs of choice, frequency of use, longest abstinence from use. Identifies symptoms of chemical dependency, if any. Identifies withdrawal symptoms, if any. Identifies medical problems associated with substance use, if any. Identifies consequences associated with use, if any. Identifies substance abuse treatment, if any. Form also measures family response to alcohol/drug use, identifies support network and motivation of the client to seek treatment.

<p>National Alcohol Screening Form</p>	<p>This form is a measurement of numerous items. It identifies the following: (1) how often clients drink alcohol, how many drinks containing alcohol they have on a typical day when drinking; (2) how often females have four or more drinks a day; (3) how often males have five or more drinks a day; (4) how often a person was not able to stop drinking once they have started; (5) how often clients have failed to live up to what was normally expected of them because of drinking; (6) how often in the last year a client had to have a drink in the morning to get themselves going after a heaving drinking session; (7) how often a client has had feelings of guilt or remorse after drinking within the past year; (8) how often clients were not able to remember what happened the night before because they had been drinking; (9) if someone has been injured as a result of drinking; (10) if someone in a client’s life has been concerned about the client’s drinking and recommended that they cut back or stop; (11) family substance abuse history; (12) identifies client substance abuse history.</p>
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AOD Policies, Enforcement, and Compliance

UToledo is committed to a safe environment for all students, faculty and staff. Listed below are policies related to AOD prevention.

UToledo hereby notifies all employees, both full-time and part-time, that the unlawful manufacture, distribution, dispensing, possession and/or use of a controlled substance is prohibited in the workplace. The workplace encompasses all UToledo facilities.

Violation of such prohibition will result in official UToledo disciplinary action.

Based on its established policy and procedures, UToledo will certify to funding agencies that the institution will provide a drug-free workplace.

[Policy on Alcohol and Substance Abuse 3364-30-02](#)

UToledo is committed to promoting and maintaining a work and academic environment that is free from illegal use of alcohol and drug use/abuse, in accordance with all federal, state and local laws, as well as the federal drug-free school and campus regulations. The abuse of alcohol and use of illicit drugs also poses a health risk to members of the UToledo community.

[Student Code of Conduct 3364-30-04](#)

It is the responsibility of a university to be concerned with the overall development of its students. The emphasis in the administration of student conduct is placed upon treating behavioral problems in a manner that relates to the educational purposes of a university.

[Social Events Policy 3364-30-06](#)

UToledo has the responsibility to maintain a safe and secure environment for the campus community in all its facilities.

[Smoke-Free and Tobacco-Free Policy 3364-60-01](#)

To promote the highest levels of health and well-being, effective August 1, 2014, UToledo campuses became tobacco-free.

[Human Resources and Talent Development Policies](#)

The Human Resources department is comprised of Human Resources, Total Rewards, Labor Relations, Title IX, and Organization and Workforce Development. The division of Human Resources assists our departments with attracting, developing and retaining talented individuals.

[Pre-Employment Drug Testing Policy 3364-25-17](#)

It is the UToledo Health Science Campus' objective to provide the highest quality health education, research and services, with a responsibility to do so in a safe environment. Employees under the influence of drugs and/or alcohol while on the job create serious safety and health risks to themselves, patients, guests, co-workers and the Health Science Campus.

UTMC prohibits the unlawful manufacture, distribution, dispensation, possession and/or use of any controlled substances, including the unsanctioned use of alcohol, on UTMC property or as any part of its activities. The term "controlled substance" means a controlled substance in Schedules I through V of Section 202 of the Controlled Substances Act (CSA, 21 United States Code (U.S.C.) 812). This includes all illegal drugs, as well as legal drugs used without a physician's order. It does not prohibit taking prescribed medications under the direction of a physician.

[Employee Assistance Program \(EAP\) Policy 3364-25-20](#)

The UToledo [EAP](#) offers confidential and professional care to employees and their families who are affected by a variety of personal problems, such as emotional stress, family problems, marital or financial difficulties, or substance abuse. We believe that with the assistance of an independent contracting organization providing employee assistance services, many problems can be successfully resolved before they begin to have an adverse effect on the individual at the workplace.

[Drug Free Workplace 3364-25-104](#)

UToledo will implement and enforce the laws of the state of Ohio and the Federal Highway Administration – U.S. Department of Transportation, pertinent to the Omnibus Transportation Employee Testing Act of 1991 (see February 15 Federal Register, page 7340), and Controlled Substances and Alcohol Use and Testing (49 Code of Federal Regulations (CFR) Part 382). UToledo will ensure that all alcohol and controlled substances testing complies with the procedures set forth in these titles.

UToledo will implement and enforce the provisions of the Drug-Free Workplace Act of 1988 and the Drug-Free Schools Act. This policy is applicable to all employees and working environments. Violations of Drug-Free Workplace provisions will subject employees to the UToledo discipline procedures. UToledo hereby notifies all employees that possession of a controlled substance is prohibited in the workplace. The workplace encompasses all UToledo facilities. Violation of such prohibition will result in official UToledo disciplinary action.

Based on its established policies and procedures, a copy of which is found in Appendix A, UToledo will certify to funding agencies that UToledo will provide a drug-free workplace.

Programs are designed to prevent accidents and injuries resulting from the misuse of alcohol or use of controlled substances by all UToledo employees, including drivers required to maintain a commercial driver's license. Effective programs will be developed by the Office of Safety and Health, to include comprehensive programs, guidelines and procedures designed to assure compliance with the above-stated laws and any substantially equivalent federal, state and/or local laws enacted subsequent to the adoption of this policy.

The Associate Vice President and Chief Human Resources Officer will be responsible for implementation of this policy and will publish procedures for said implementation.

[Employee Drug and Alcohol Abuse Policy 3364-25-105](#)

It is the objective of UToledo to provide the highest quality health education, research and services, with a responsibility to do so in a safe environment. Employees under the influence of drugs and/or alcohol while on the job create serious safety and health risks to themselves, patients, guests, co-workers and UToledo. UToledo prohibits the unlawful manufacture, distribution, dispensing, possession and/or use of any controlled substance including the unsanctioned use of alcohol, on UToledo property or as any part of its activities. The term "controlled substance" means a controlled substance in Schedules I through V of Section 202 of the Controlled Substance Act (21 U.S.C. 812). This includes all illegal drugs, as well as legal drugs used without a physician's order. It does not prohibit taking prescribed medication as directed by a physician.

[Procedure for Drug and Alcohol Testing 3364-25-105.1](#)

Use of controlled substances which cause intoxication or impairment on the job poses risks to UToledo, the affected employee and to co-workers. Recognizing that drug and alcohol abuse are treatable illnesses that should be dealt with initially by treatment and education, it is the UToledo policy to prevent and rehabilitate rather than terminate the employment of workers who are drug- or alcohol-dependent. No employee will be discharged without first having an opportunity to seek treatment, if treatment is needed.

[Financial Aid Drug Convictions Policy per Department of Education Guidelines](#)

The Office of National Drug Control Policy through the U.S. Department of Education outlines guidelines and restrictions related to drug convictions while receiving federal student aid. For more information, contact the Federal Student Aid Information Center at 1.800.4.FED.AID (1.800.433.3243). For additional information, students can contact the UToledo [Financial Aid Office](#).

[Title IX Policy 3364-50-01](#)

UToledo is committed to educational and working environments that are free from discrimination on the basis of sex (including sexual harassment and sexual violence) or retaliation. Title IX of the Education Amendments of 1972 (Title IX) is a federal law that prohibits sex discrimination. This policy is consistent with the requirements of Titles IX and VII, as well as relevant state laws.

[Amnesty Policy 3364-30-03](#)

UToledo encourages a living and learning environment that promotes the health and safety of all members of the UToledo community. As such, students are encouraged to make responsible decisions and to seek medical attention in life-threatening situations that result from alcohol and/or other drug abuse. If medical attention is required, students should immediately contact professional medical personnel (9-1-1), followed by the University of Toledo Police Department (419.530.2600) and UToledo officials. A (1) student who seeks emergency assistance on behalf of themselves, another student or a friend experiencing an alcohol- and/or other drug-related emergency, as well as (2) the individual in distress will not be subject to disciplinary action nor required alcohol and other drug sanctions under the UToledo Student Codes of Conduct, Residence Life or Greek Life, but may be subject to referral for assessment, counseling and possible treatment.

Comprehensive Efforts to Reduce Drug and Alcohol Use, Misuse and Abuse

UToledo is committed to providing education, programming, and social awareness campaigns regarding the negative impact of the consumption of alcohol and other drugs. Listed below are efforts related to assisting in educating faculty, staff and students regarding alcohol, tobacco, and other drug prevention education.

Specific services include:

1. *Programming:* Assisting the campus community in prevention with efforts related to reducing drug and alcohol use, misuse, and abuse on campus.
2. *Data Collection:* Administer Alcohol.Edu through Everfi, a mandatory online course for first-year students. ATOD staff members administer a student health assessment every two years that evaluates student alcohol use, perceptions and related outcomes.
3. *Evaluation:* Analyzing data to recommend evidence-based programming for the UToledo student population.
4. *Media Campaigns:* Provide education, prevention, and social awareness campaigns.
5. *Development:* Presented to student groups, faculty, and staff, the ATOD program delivers customized training sessions for members of the UToledo community.
6. *Collaboration:* Various campus departments and offices provide information and resources related to substance abuse and misuse. All groups work together to provide consistent and accurate messaging to the campus community.
7. *Alternative Social Activities:* The ATOD program partners with various other departments and student organizations to provide students with alcohol-free activities.

Statement of AOD Program Goals and Discussion of Goal Achievement

Vision

To engage the UToledo community by providing prevention and risk-reduction information and services that promote healthy lifestyle choices, professional development, and personal growth.

Mission

The AOD Prevention Program mission is to work collaboratively to create an environment which fosters campus-wide health promotion, and professional and academic success by coordinating multidisciplinary prevention and treatment efforts around the area of substance abuse.

The UToledo Drug Abuse and Alcohol Prevention Program (DAAPP) goals for Academic Years 2023-24:

1. Provide programs and event opportunities for students that offer an alternative to drinking.
2. Monitor the number of students referred to the Counseling Center for AOD-related incidents.
3. Monitor procedures for distributing AOD policy to students and employees.
4. Implement regular collection of student and employee data.
5. Utilize data to implement appropriate and needed programming for students and employees
6. Develop a comprehensive and sustainable AOD prevention program.
7. Develop, implement, and evaluate evidence-based programming with an emphasis on e-cigarettes, marijuana, and high-risk drinking.
8. Increase marketing of AOD services provided by UToledo to employees.
9. Revise New Employee and New Faculty Orientations to include AOD content.
10. Provide additional education to employees regarding current EAP services available.

The above goals were established to help improve student health, and to indirectly increase student retention rates and overall academic performance. Specifically, these goals seek to reduce high-risk drinking, marijuana, tobacco and illicit drug use and their associated consequences. Goal achievement is measured by a variety of surveys and other evaluation tools, as evidenced by this report.

AOD Prevention Program 2020-22 Accomplishments

Goals met during the biennial review period are as follows:

1. Required every incoming first-year student to complete the online alcohol education program entitled, Alcohol.Edu for College. If a student does not complete Alcohol.Edu for college, they will have a “hold” placed on their account, preventing them from adding/dropping courses and receiving a transcript.
2. Incoming freshman can attend a Life@College in-person presentation on high-risk drinking presented by the UToledo Peer Educators.
3. All Rocket Launch (freshmen orientation) students and parents received information via a resource fair about services provided to students from the University Counseling Center, including AOD prevention programming services.
4. Continued updating Amnesty Policy, to be in line with national best practice(s) and what UToledo peer institutions do.
5. Made AOD presentations during all new faculty and staff orientations.
6. Developed key partnerships with representatives from the Opioid Task Force and the Sexual Assault Awareness, Prevention and Adjudication Ad-Hoc Task Force.

7. Increase usage of national standards and AOD program implementation toward best practices.
8. Adopt a universal screening strategy and brief intervention program.
9. Develop a consistently enforced sanctioning model for alcohol and other drug related student conduct violations.
 - a. Implemented Rockets Re-Think Workshop as a sanction for first time drug or alcohol offenders
 - b. Developed a sanction workshop for first time drug or alcohol offenders that incorporates education and prevention principles for both alcohol and drug use.
10. Increase the consistency of AOD policy enforcement within Greek housing.
 - a. Partnered with Greek Life to offer alcohol education during new member symposium
11. Reallocate professional staff toward AOD prevention and education for students, faculty, and staff. At least one current full-time staff member should be trained in facilitating Brief Alcohol Screening and Intervention for College Students.
 - a. No progress to note. AOD Prevention and Education responsibilities moved from Rocket Wellness to the Office of Recreational Services, effective January 1, 2020.

Appendices: Appendix A

All policies provided in appendix A1-A11 are policies related to AOD content for UToledo. The full policy for each appendix can be found by utilizing the provided link.

[Appendix A1: Policy on Alcohol and Substance Abuse 3364-30-02](#)

It is the goal of UToledo to establish and sustain an environment on campus that is conducive to the intellectual, emotional, and social growth of all the members of its community. UToledo is committed to promoting and maintaining a work and academic environment that is free from illegal use of alcohol and drug use/abuse in accordance with all federal, state, local or UToledo regulations, as well as the federal drug free schools and campus regulations.

https://www.utoledo.edu/policies/main_campus/student_life/pdfs/3364-30-02%20%20Policy%20on%20alcoholic%20beverages.pdf

[Appendix A2: Student Code of Conduct 3364-30-04](#)

UToledo is focused on the overall growth and development of its students in preparation for them to become global citizens. OSC&CS aims to educate students on the impact their personal and social choices, and behavior have on the community, and to assist them with making future decisions that lead to their professional success. UToledo in promulgating the “Student Code of Conduct,” as required by Ohio Revised Code 3345.21, and as set forth below, takes into consideration the rights and responsibilities of the individual student(s), student groups, or student organizations, concurrently with UToledo and community rights and responsibilities.

https://www.utoledo.edu/policies/main_campus/student_life/pdfs/3364_30_04_Student_code_of_conduct.pdf

[Appendix A3: Social Events Policy 3364-30-06](#)

UToledo has the responsibility to maintain a safe and secure environment for the campus community in all its facilities.

https://www.utoledo.edu/policies/main_campus/student_life/pdfs/3364-30-06%20%20Social%20events%20policy.pdf

Appendix A4: Smoke-Free and Tobacco-Free Policy 3364-60-01

In an effort to promote the highest levels of health and well-being, UToledo campuses are tobacco-free.

https://www.utoledo.edu/policies/administration/safety_health/pdfs/3364_60_01_smoke_free_tobacco_free_policy.pdf

Appendix A5: Pre-Employment Drug Testing Policy 3364-25-17

It is the UToledo Health Science Campus objective to provide the highest quality health education, research, and services, with a responsibility to do so in a safe environment. Employees under the influence of drugs and/or alcohol while on the job create serious safety and health risks to themselves, patients, guests, co-workers, and the health science campus.

UTMC prohibits the unlawful manufacture, distribution, dispensation, possession, or use of any controlled substances including the unsanctioned use of alcohol, on UTMC property, or as any part of its activities. The term “controlled substance” means a controlled substance in schedules I through V of Section 202 of the Controlled Substances Act (21 U.S.C. 812). This includes all illegal drugs and legal drugs used without a physician’s order. It does not prohibit taking prescribed medications under the direction of a physician. Marijuana prescribed or recommended by a physician pursuant to state law remains an illegal drug listed on Schedule I of the CSA, and the use, possession, or distribution of medical marijuana is prohibited.

https://www.utoledo.edu/policies/administration/humanresources/pdfs/3364_25_17.pdf

Appendix A6: EAP Policy 3364-25-20

The UToledo EAP offers confidential and professional care to employees and their families who are affected by a variety of personal problems, such as emotional stress, family problems, marital or financial difficulties, and substance abuse. We believe that with the assistance of an independent contracting organization providing employee assistance services, many problems can be successfully resolved before they begin to have an adverse effect on the individual at the workplace.

https://www.utoledo.edu/policies/administration/humanresources/pdfs/3364_25_20.pdf

Appendix A7: Drug Free Workplace 3364-25-104

UToledo will implement and enforce the laws of the State of Ohio, and the federal highway administration - U.S. Department of Transportation, pertinent to the Omnibus Transportation Employee Testing Act of 1991 (see February 15 Federal Register, page 7340), and Controlled Substances and Alcohol Use and Testing (49 CFR Part 382). UToledo will ensure that all alcohol or controlled substances testing complies with the procedures set forth in these titles. UToledo will implement and enforce the provisions of the Drug-Free Workplace Act of 1988 and the Drug Free Schools Act. This policy is applicable to all employees and working environments. Violations of Drug-Free Workplace provisions will subject employees to UToledo discipline procedures. UToledo hereby notifies all employees that illegal possession of a controlled substance is prohibited in the workplace. "Controlled substances" may include prescription medication. The workplace encompasses all UToledo facilities. Violation of such prohibition will result in official UToledo disciplinary action.

Based on its established policies and procedures, UToledo will certify to funding agencies that the institution will provide a drug-free workplace.

Programs are designed to prevent accidents and injuries resulting from the misuse of alcohol or use of controlled substances by all UToledo employees, including drivers required to maintain a commercial driver's license. Effective programs will be facilitated by the office of Human Resources to include comprehensive programs, guidelines, and procedures designed to assure compliance with the above stated laws and any substantially equivalent federal, state, and/or local laws enacted subsequent to the adoption of this policy.

The Associate Vice President and Chief Human Resources Officer shall be responsible for implementation of this policy and shall publish procedures for said implementation.

https://www.utoledo.edu/policies/administration/humanresources/pdfs/3364_25_104.pdf

Appendix A8: Employee Drug and Alcohol Abuse Policy 3364-25-105

It the objective of UToledo to provide the highest quality health education, research, and services, with a responsibility to do so in a safe environment. Employees under the influence of drugs and/or alcohol while on the job create serious safety and health risks to themselves, patients, guests, coworkers, and UToledo. UToledo subscribes to a zero-tolerance stance regarding drug and/or alcohol abuse. UToledo prohibits the unlawful manufacture, distribution, dispensing, possession, or use of any controlled substance including the unsanctioned use of alcohol, on UToledo property, or as any part of its activities.

The term "controlled substance" means a controlled substance in schedules I through V of Section 202 of the Controlled Substance Act (21 U.S.C. 812). This includes all illegal drugs and legal drugs used without a physician's order. It does not prohibit taking prescribed medication as directed by a physician. Marijuana prescribed or recommended by a physician pursuant to state law remains an illegal drug listed on Schedule I of the CSA, and the use, possession, or distribution of medical marijuana is prohibited.

https://www.utoledo.edu/policies/administration/humanresources/pdfs/3364_25_105.pdf

Appendix A9: Procedure for Drug and Alcohol Testing 3364-25-105.1

This procedure is authorized by UToledo policy on drug and alcohol abuse, 3364-25-105.

<https://www.utoledo.edu/policies/administration/humanresources/pdfs/3364-25-105.1-drug-and-alcohol-testing-procedure.pdf>

Appendix A10: Title IX Policy 3364-50-01

UToledo is committed to providing a workplace and educational environment, as well as other benefits, programs, and activities that are free from sex discrimination, sexual harassment and retaliation. To ensure compliance with federal and state civil rights laws and regulations, and to affirm its commitment to promoting the goals of fairness and equity in all aspects of the educational program or activity. Title IX of the Education Amendments of 1972 ("Title IX") is a federal law that prohibits sex discrimination. UToledo has developed internal policies and procedures that provide a prompt, fair, and impartial process for those involved in an allegation of sex discrimination, sexual harassment or retaliation. UToledo values and upholds the equal dignity of all members of its community and strives to balance the rights of the parties in the grievance process during what is often a difficult time for all those involved.

<https://www.utoledo.edu/policies/administration/diversity/pdfs/3364-50-01.pdf>

Appendix A11: Amnesty Policy 3364-30-03

UToledo strives to maintain a balance between student support and accountability. UToledo believes in addressing student health concerns directly, and confronting dangerous behaviors, but also encouraging students to seek help in situations where their own, or another student's health is endangered. As such, a student who seeks medical attention on behalf of themselves or another individual experiencing an alcohol and/or drug related incident, will not be subject to conduct action for the alcohol and/or drug use under the Student Code of Conduct if OSC&CS becomes aware of the alcohol and/or drug use solely because the individual(s) sought medical attention. Student(s) involved in reported incidents of sexual misconduct may receive student conduct amnesty for the alcohol and/or drug violation(s) only. Student conduct amnesty is only granted to individual students, not student groups and/or student organizations.

https://www.utoledo.edu/policies/main_campus/student_life/pdfs/3364_30_03.pdf

Appendix B: List of Educational Programs

Throughout the Academic Years 2020-2022 various campus groups partnered to organize various prevention and educational events. Below is an outline of some of the programming for Academic Years 2020-2022.

*Please note the lack of in-person 2020 training due to the Covid-19 pandemic.

Date	Name of the program	Description of the program	Target audience (faculty, staff, students)
Summer 2020, 2021	Rocket Launches and Parent and Family Presentations	The ATOD program disseminates information on specifics of the program and educates new students, along with guests on programming, policies, and outreach.	Students, parents
August 2020 May 2021 August 2021 May 2022	AOD Annual Notification	In compliance with the Drug-Free Schools and Campuses Regulations, the Annual Notification of AOD policies was distributed to UToledo community.	Students, staff, community
2020 and 2021	Narcan Training	ATOD program provided educational content and Narcan distribution during training.	Students, staff
2021	Welcome Week Stations	ATOD participates in Division of Student Affairs' welcome week stations that provide students with information related to the ATOD program and how to become involved with programming.	Students
August 2020 and August 2021	Student Involvement Fair	In collaboration with the University of Toledo Main Campus Pharmacy, the ATOD team handed out information regarding opioid abuse and International Overdose Awareness Day.	Students
August 2020, 2021, and 2022	Night at the Rec	Drug and alcohol-free program in collaboration with the UToledo Recreation Center.	Students
2020 and 2021	National Prescription Take Back Day	On campus drop off sites are available for students, faculty, and staff for safe prescription drugs disposal.	Students, staff
2021 and 2022	Greek Life Presentations	Consulted with Greek Life organizations to present relevant topics regarding ATOD.	Students
2020, 2021	Great American Smokeout	National Day to bring awareness to the health risks associated with smoking and tobacco use.	Students, staff

Ongoing	MH first aid	On campus training that teaches participants on how to identify, understand and respond to signs of mental illness and substance use disorders.	Students, staff
Ongoing	AlcoholEdu - EVERFI	Online education is provided to first-year students about the negative consequences of alcohol use.	Students
Ongoing	Social media-Awareness Programming	Provide ATOD education, outreach, and awareness content.	Students, staff
Ongoing	21 st Birthday Program	ATOD Program sends out emails on the first day of the month to students turning 21, email has information regarding safe drinking behaviors and AOD abuse resources.	Students
Ongoing	Peer Education presentations on campus	Educational presentations for the campus community about improving health and wellness.	Students
12 per semester in 2020 and 2021	Rocket Night Life Events	Free, weekly late night alternative programming held at the Student Rec Center.	Students
Spring 2020, Fall 2020, Spring 2021, Fall 2021	Rockets Re-think	Educational sanctions for students with conduct concerns related to alcohol or drug use. Usually once per month dependent on the number of sanctions.	Students

Appendix C

Student Code of Conduct Sanction Rubric

Bold sanctions are required; non-bold sanctions are optional/when necessary. Multiple Educational Actions are allowable as well if the hearing officer feels it is necessary.

Parent/Guardian notification will only be sent for students under the age of 21.

<https://www.utoledo.edu/studentaffairs/conduct/pdfs/Sanctioning%20Grid%20Fall%202020.pdf>

Appendix D

Annual Notification

UToledo is committed to a safe environment for all students, faculty, and staff by promoting and maintaining an academic and work environment that is free of illegal use and misuse of alcohol and drugs in accordance with all federal, state, and local laws, including the federal Drug-Free Schools and Communities Act and related regulations. The use of alcohol and illicit drugs also poses a health threat to members of the UToledo community. UToledo is required by law to notify annually all students, faculty and staff of alcohol and other drug policies sanctions and risks associated with use. This notification provides the campus community with the following information: A. Alcohol and drug programs available to employees and/or students, B. Health risks associated with alcohol abuse and illicit drug use, C. Standards of conduct and conduct sanctions for students regarding alcohol and drug use, D. Standards of conduct and conduct sanctions for employees regarding alcohol and drug use, and E. Federal and state legal sanctions.

<https://www.utoledo.edu/offices/rocketwellness/atod/docs/atod-annual-notification.pdf>