Name of Policy: University of Toledo Smoke-Free and **Tobacco-Free policy Policy Number**: 3364-60-01 **Revision Date**: August 24, **Approving Officer:** President 2020 **Issuing Office**: President's Office Initial Effective Date: August 15, 2014 Responsible Agents: Vice President, Student Affairs; Executive Vice President for Finance & Administration **Scope**: University of Toledo faculty, staff, students, visitors, contractors/vendors, and patients \boxtimes New policy proposal Minor/technical revision of existing policy Major revision of existing policy Reaffirmation of existing policy

(A) Policy statement

In an effort to promote the highest levels of health and well-being, The University of Toledo campuses are tobacco-free.

(B) Purpose of policy

Tobacco-free policies benefit our campuses, including smokers and nonsmokers, by protecting all persons from unhealthy exposure to secondhand smoke and providing a supportive environment that helps tobacco users reduce or cease use of tobacco products.

(C) Scope

Except for expressly noted exceptions, this policy applies consistently to all faculty, staff, students, visitors, patients and contractors and applies to any buildings, arenas, venues, grounds or parking areas of The University of Toledo:

- (1) Main Campus
- (2) Health Science Campus

- (3) Scott Park Campus
- (4) UTMC clinical satellite locations
- (5) Center for the Visual Arts
- (6) Lake Erie Center
- (7) Stranahan Arboretum

(D) Practices

(1) Tobacco- cessation programs

Tobacco cessation resources are available to all UT students and employees. Students can access the University of Toledo Tobacco Free program through the UT Counseling Center (University Counseling Center: 419-530-2426, www.utoledo.edu/studentaffairs/counseling).

Employees can access tobacco cessation services at Rocket Wellness (419-383-2348) http://www.utoledo.edu/offices/rocketwellness/programs-services/tobacco-cessation.html).

Individuals should see their personal physician for a prescription for cessation aids. Prescription products may be covered by your health insurance plan, please see your plan formulary for more information.

Other programs offered free of charge in Ohio include:

- (a) www.smokefree.gov Different people need different resources to combat nicotine addiction. The information and professional assistance available on this Web site can help to support both immediate and long-term needs to become and remain a smoke-free.
- (b) 1.800.QUIT.NOW (1.800.784.8669) or visit Ohio Tobacco Program online at https://ohio.quitlogix.org/en-US/ The Ohio Tobacco Quit Line is a tobacco cessation resource available to all Ohioans free of charge. The Quit Line is designed for people who are ready to quit using tobacco, and people who want to make sure they have the support

and motivation to stay tobacco-free. When you call and enroll, you're paired with an experienced quit specialist who will work with you to set a quit date and design a quit plan customized to your pattern of tobacco use.

(2) Signage and Sales

- (a) "Tobacco Free" signs are posted in all appropriate locations, including but not limited to buildings, bus shelters, etc.
- (b) The university will not advertise tobacco products at university sponsored functions or on university owned, controlled or leased property.
- (c) The sale of tobacco products at university sponsored functions or on university owned, controlled or leased property is prohibited.

(3) Responsibilities and Violation Procedure

The success of this policy depends upon the thoughtfulness, considerations and cooperation of tobacco users and non-users. Leaders and those to whom this policy applies share the responsibility for adhering to and enforcing this policy.

- (a) When observing anyone violating the university tobacco free policy, individuals may approach the person and remind the violator the campus is a tobacco-free environment.
- (b) Concerns about tobacco use should be respectfully addressed in the moment whenever feasible.
- (c) Continued concerns should be referred to the appropriate unit for review and action. For faculty, staff and student

employees, issues should be referred to the employing unit head. For students in the non-employment setting, issues should be referred to Student Conduct. For volunteers and visitors, issues should be referred to the hosting unit head.

(d) Habitual violators may be subject to progressive discipline.

Anyone with a concern regarding violations of this policy is encouraged to call the university hotline 419.530.SMOK (7665) or email atodprevention@utoledo.edu.

(4) Tobacco-free policy exceptions

This policy does not constrain approved academic research on tobacco conducted for an academic purpose in a controlled laboratory environment.

(E) Definitions

(1) Tobacco Products: All tobacco-derived obtaining products, including but not limited to cigarettes (clove, bidis, kreteks), electronic cigarettes or nicotine vaporizers, cigars, cigarillos, hookah smoked products, pipes, oral tobacco (e.g., spit and spitless, smokeless, chew, snuff) and nasal tobacco. It also includes any product intended to mimic tobacco products, contain tobacco flavoring or deliver nicotine other than for the purpose of cessation.

Approved by:

<u>/s/</u>

Gregory C. Postel, M.D. Interim President

August 24, 2020 Date

Review/Revision Completed by: Senior VP, Student Affairs; Director, Community Wellness and Health Promotion; Director, Office of Public Safety, SLT

Policies Superseded by This Policy:

• Previous 3364-60-01, effective date July 26, 2017

Initial effective date: January 1, 2008

Review/Revision Date: August 1, 2008; December 15, 2010; August 1, 2011, April 3, 2014; July 26, 2017, August 24, 2020

Next Review Date: August 24, 2023