Name of Policy: Policy on Alcohol and Substance Abuse **Policy Number**: 3364-30-02 **Approving Officer**: President **Responsible Agent**: Vice President for Student Affairs **Scope**: All University of Toledo students, staff and faculty	**Revision date:** January 29, 2019 **Original effective date**: July 12, 2011

☐	New policy proposal	☒	Minor/technical revision of existing policy
☐	Major revision of existing policy	☐	Reaffirmation of existing policy

(A) Policy statement

It is the goal of The University of Toledo to establish and sustain an environment on campus that is conducive to the intellectual, emotional, and social growth of all the members of its community. The University of Toledo is committed to promoting and maintaining a work and academic environment that is free from illegal use of alcohol and drug use/abuse in accordance with all federal, state, local or University regulations, as well as the federal drug free schools and campus regulations.

(B) Purpose of Policy

This policy is designed to inform University faculty, staff and students about the University's commitment to maintaining an alcohol and drug free work and academic environment. This policy also governs the possession, sale and consumption of alcoholic beverages on the University's campuses. It is the University's goal through these policies and programs, to encourage members of its community to make responsible decisions and to promote safe, legal, and healthy patterns of social interaction.

(C) Scope

The following policy applies to the entire University of Toledo organization ("University"), including all campuses, student body, and The University of Toledo Medical Center ("UTMC") Hospital. This policy applies to both on-campus and University sponsored activities, including field trips, athletic contests played off campus and conferences attended by students, faculty and staff where the University reimburses travel expenses or registration fees. An official, "Sponsored University Function" means one in which:

(1) Institutional funds are being used for any part of the event; or

(2) The University name and/or logo are being associated with the event; or

(3) It is being advertised on campus by any means.

This policy does not apply to alcohol distribution with alcohol dispensed through the UTMC Hospital Pharmacy upon order of a physician. The Hospital Pharmacy is responsible for the policies and procedures related to physician prescribed alcohol.

(D) Standards of Conduct/Violations

The University of Toledo prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or part of any of its activities. Marijuana, even if prescribed or recommended pursuant to state law, remains illegal under federal law and the University considers it to be an illegal drug for purposes of this policy. Employees, students, and campus visitors age 21 years or older, consuming alcohol at University functions or while on University business where such use is approved, are expected to use alcohol responsibly and not engage in illegal, unprofessional or disruptive behavior.

When there has been a violation of the standards of conduct, the University shall initiate appropriate measures which may include disciplinary action. Such action may result in sanctions up to an including suspension or separation from the University. Violations may be reported by the University to appropriate law enforcement authorities. Those referred to law enforcement authorities are subject to prosecution.

Violators will be subject to penalties which may include separation from the University or mandatory referral for treatment. Violation of University policies by students will be addressed by the Student Code of Conduct. The University shall implement and enforce the laws of the State of Ohio as stated in the Ohio Revised Code. It is the responsibility of each student, staff, and faculty member to become familiar with the appropriate sections of the Ohio Revised Code and the provisions of the policy and to conduct one's self in a responsible and prudent manner.

(E) Regulations governing alcoholic beverages

The University permits alcoholic beverages on campus as part of the operation of licensed university facilities and for some social events.

(1) Facilities

Policies and procedures for specific University facilities may be in place. Such policies must be consistent with the University policy.

(2) Delivery

Delivery of any alcoholic beverages to any University property or facility, other than associated with the University's liquor license and catering operations, is strictly prohibited.

(3) Independent Contractors/University Guests

Where the University is paying for or reimbursing expenses for consultants, contractors, or others doing business for the University, University shall not pay for or reimburse any alcoholic beverage purchases.

(4) Sponsored University Functions

The use of alcohol at events held on The University of Toledo campuses is governed by the following rules:

(a) University funds may not be used to purchase alcoholic beverages.
(b) Alcoholic beverages will not be served free of charge at a campus event unless the event is approved in advance in writing by the vice president or a designee and the event is otherwise permitted by University policy and by applicable laws.
(c) Unless otherwise approved in writing in advance by the vice president or a designee, alcoholic beverages must be sold by University dining services which are a licensed, insured vendor.
(d) The sponsoring organization, department, or approved user of facilities will oversee adherence to the alcohol policy, assume responsibility for the event and control and supervise the distribution of alcoholic beverages in accordance with all applicable laws, rules, and policies.
(e) Institutionally approved security must be present at all times during an event unless determined by the chief of University police to be unnecessary. All security costs will be the responsibility of the sponsoring organization.
(f) No one under the age of 21 is permitted to possess, serve, or consume any alcoholic beverage. At any event where alcoholic beverages are served and/or sold, approval for the event will be based upon the age of the event participants as well as the nature of the event. For example, an event at which the majority of participants are under the age of 21 will not have alcoholic beverages available for consumption. However, a designated, physically defined, monitored area may be utilized for those of age if approved in advance.
(g) All sale/use of alcoholic beverages on University property will be monitored by and subject to inspection by University officials.
(h) Although no person will possess or be served alcoholic beverages without proof of legal age, state law permits any individual 18 years or over to sell alcohol in a closed container, 19 years or older to serve an open container of alcohol and anyone over 21 to tend bar.
(i) No servers of alcohol may be permitted to consume alcoholic beverages while serving nor shall they be permitted to serve while intoxicated.
(j) Intoxicated people will not be served nor permitted to possess alcoholic beverages. The liquor-license holder — i.e., the vendor — has the sole right to make this determination.

(k) At all events where alcohol is used, served, and/or sold, non-alcoholic beverages and unsalted foods must be made available in quantity sufficient for the number of guests. All food should be visible and available.

(l) Alcoholic beverages are not permitted to be sold or used prior to noon. For an event lasting three hours or more, sale or service must stop forty-five minutes prior to the end of the event. At no time may the sale/service of alcohol last more than three consecutive hours. Exceptions may be given to Alumni or Athletic Department events that begin at or prior to noon. Exceptions may be given to Athletic Department events as follows:
Alumni or Athletic events that begin prior to Noon: Alcoholic beverages would be permitted to be sold 90 minutes prior to the start time of the event.
Events lasting longer than three hours: Sales would be permitted 90 minutes prior to the start time of the event, with an ending time of 3/4th of the way through the event. (e.g.: Football game, end of third quarter, basketball game, at the ten-minute mark in the second half).

(m) The minimum charge for twelve ounces of beer will be sold at the University's cost. A lower price will be charged for the same amount of non-alcoholic beverage. Other alcoholic beverages should be priced so as not to promote excessive consumption.

(n) In accordance with the liquor license, under no circumstances may any alcoholic beverage be permitted to leave the approved area of the event. No alcoholic beverages may be brought into the event by an individual when alcoholic beverages are being served, and/or sold by event organizers.

(F) Process to obtain permission for University events where alcohol will be served

At events at which alcohol is served and in university facilities in which it is served, operators and event sponsors are responsible for complying with the laws of the state of Ohio, ordinances of the city of Toledo, and all policies of The University of Toledo.

An "F" permit is required for any events that serve alcoholic beverages on University property that are not covered by the University's dining services liquor license. The "F" permit can be obtained by visiting the State of Ohio – Department of Commerce website: https://www.com.ohio.gov/liqr/permitclasses.aspx. **NOTE:** The requestor is responsible for completing the appropriate "F" permit. The administration for the Health Science Campus of the University does not review or approve "F" permits under any circumstance. All events must be conducted through the dining services liquor license. The University administration reserves the right in its sole discretion to refuse to sign any "F" permit for any reason whatsoever.

Depending on the associated division of the University, the following is the procedure for seeking approval of an "F" permit:

(1) Athletics. If an outside person or business would like to hold an athletics related event on University property, an "F" permit needs to be completed and given to

the Senior Associate Athletic Director for External Affairs. The Senior Associate Athletic Director for External Affairs with the University's Administrator for Risk Management will determine if the University's insurance will cover such event or the requesting party needs to obtain insurance and provide proof thereof before the "F" permit will be processed any further. Upon verification of insurance coverage for the event, the Vice President/Director of Athletics will sign the "F" permit. It will then be forwarded to the Chief of Police who will sign that he has seen the "F" permit. The fully signed "F" permit will then be returned to the Senior Associate Athletic Director for External Affairs.

(2) Alumni. If an outside person or business would like to hold an alumni event on University property, an "F" permit needs to be completed. Alumni, outside persons or businesses are subject to all of the applicable policies, rules, and regulations of the University of Toledo. The completed "F" permit should be given to the Associate Vice President of Alumni Relations. The Associate Vice President of Alumni Relations with the University's Administrator for Risk Management will determine if the University's insurance will cover such event or the requesting party needs to obtain insurance and provide proof thereof before the "F" permit will be processed any further. Upon verification of insurance coverage for the event, the Vice President of Institutional Advancement will sign the "F" permit. It will then be forwarded to the Chief of Police who will sign that he has seen the "F" permit. The fully signed "F" permit will then be returned to the Associate Vice President of Alumni Relations.

(3) Student Event. If an outside person or business (or student organization, when applicable) would like to hold an event for students on University property, an "F" permit needs to be completed. Student organizations, outside persons, or businesses are subject to all of the applicable policies, rules, and regulations of the University of Toledo. The completed "F" permit should be given to the Associate Vice President for Student Affairs and Dean of Students. The Associate Vice President for Student Affairs and Dean of Students with the University's Administrator for Risk Management will determine if the University's insurance will cover such event or the requesting party needs to obtain insurance and provide proof thereof before the "F" permit will be processed any further. Upon verification of insurance coverage for the event, the Vice President for the Student Affairs will sign the "F" permit. It will then be forwarded to the Chief of Police who will sign that he has seen the "F" permit. The fully signed "F" permit will then be returned to the Associate Vice President for Student Affairs and Dean of Students.

(a) Students and student organization are also required to complete the necessary paperwork to host a social event. This information can be found through the Office of Student Involvement, located in 3504 Student Union.

(b) The sponsoring organization will be prepared to provide, in writing, information pertaining to the purpose of the activity,

number of participants, location, and whether the activity is public or private.

(G) Promotion of University events where alcohol will be served

It is the position of the University that alcohol use will not be promoted. Consistent with this position, the University will neither solicit nor accept any form of alcoholic beverage advertising or sponsorship for any University publication or in/on any University operated facility or property. Exceptions will be limited to: 1. public education messages, i.e., advertising that promotes responsible use of alcohol, using designated drivers, etc.; 2. point-of-sale ice baths that carry the name of the alcoholic beverage/distributor. Authorization for all exceptions must be approved by the appropriate vice-president. In addition, the following guidelines shall be adhered to:

(1) Events where alcoholic beverages are used, served and/or sold shall not have alcohol or the consumption of alcohol as a theme. No element of an event where alcohol will be used, served, and/or sold shall encourage, in any manner, the consumption of alcohol. No event where alcohol is used, served, and/or sold shall be sponsored, in any manner, by an alcohol manufacturer, distributor, or retailer.

(2) No advertising for events where alcohol is used, served, and/or sold shall refer to alcohol in any manner other than "Legal Beverages Available" or "Beer Available." Advertising for "F" permit events cannot include the sale price of alcoholic beverages nor can it refer to the price advantage or amount available.

(H) Services for treatment and referral

Students, faculty and staff who violate this policy or encounter difficulties with alcohol and/or drugs shall be informed about and referred to the following university and campus resources for support and assistance.

(1) University services
Resource information (booklets, brochures, pamphlets, videos, etc.) regarding health and safety concerns from substance use and/or alcohol abuse and information regarding campus and community services are available through a variety of University services, including:

(a) Main Campus Medical Center 419.530.3451
(b) The Counseling Center 419.530.2426
(c) Office of Alcohol, Tobacco and Other Drug Prevention 419.530.8436
(d) Campus Police 419.530.2600

(2) Community Resources
There are many community resources that also provide support, information, or treatment:

(a) AL-ANON-ALATEEN
Toll-free meeting line: 888.425.2666
Self-help group for persons who are close to an alcoholic.
No fee.

(b) ALCOHOLICS ANONYMOUS
419.380.9862
Self-help group for alcoholics. No fee.

(c) A RENEWED MIND
419.720.9247
Mental Health and Addiction Services
www.arenewedmindservices.org

(d) COMPASS/SASI & Zepf Center
http://www.zepfcenter.org/compass-sasi-merger/
419.841.7701
Detox admission line: 419.754.3869
Substance abuse treatment, detoxification, and after care. Sliding fee schedule based on ability to pay.

(e) EMPOWERED FOR EXCELLENCE
567.316.7253
Mental Health and Addiction Services
www.efebh.org

(f) FIRST CALL FOR HELP
800.468.4357
For referral and information about self-help groups.

(g) FOCUS
419.244.2175
Assessments - no charge. Inpatient detox, hospitalization, partial hospitalization, and medication management.

(h) HARBOR BEHAVIORAL HEALTHCARE
419.475.4449
Education services. Sliding fee scheduled based on ability to pay.

(i) NEW CONCEPTS
419.531.5544
Mental Health and Addiction Services
www.newconceptsiop.org

(j) PROMEDICA ALCOHOL AND DRUG TREATMENT
Bixby Behavioral Health Medical Center 517.265.0411
Herrick Behavioral Health Medical Center 517.423.3887
Free assessments. Treatment center for substance abusers. After care.

(k) RACING FOR RECOVERY
419.824.8462
Addiction Services
www.racingforrecovery.org

(l) RESCUE CRISIS
419.255.9585
24-hour emergency hotline.

(m) UNIVERSITY OF TOLEDO MEDICAL CENTER – Emergency Dept.
419.383.3888
24-hour emergencies / http://utmc.utoledo.edu/medicalservices/

(n) UNIVERSITY OF TOLEDO MEDICAL CENTER – Adult Psychiatry
419.383.5695
Behavioral Medicine/General Adult Clinic/
http://utmc.utoledo.edu/medicalservices/

(o) UNIVERSITY OF TOLEDO MEDICAL CENTER – Inpatient-Recovery Services Unit
419.383.3441
Inpatient Medical Detox Unit – 18yo+/
http://utmc.utoledo.edu/medicalservices/

(p) URBAN MINORITY ALCOHOLISM & DRUG ABUSE OUTREACH PROGRAM
419.255.4444
Prevention, intervention, and relapse prevention. Program targeted for minorities. No fee.

(I) Health Risks

There are many health risks in using alcohol and drugs, they are as follows:

(1) Alcohol. Alcohol consumption causes a number of marked changes in behavior. Even low doses impair judgment and coordination and increase the incidence of aggressive behavior. Very high doses can cause respiratory depression and death. Alcohol intoxication is equivalent to a drug overdose. Repeated use of alcohol can lead to a change in tolerance and dependence. Cessation of alcohol intake, amount individuals suffering from addiction, can produce withdrawal symptoms, including

tremors, hallucinations, convulsions, and death. Long-term consumption of large quantities of alcohol can lead to permanent damage to vital organs such as the brain and the liver. Women who drink even small amounts of alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. Children of alcoholic parents have a 40 percent greater risk of developing alcoholism than those children of non-alcoholic parents.

(2) Marijuana. The mood-altering effects of marijuana are the result of a chemical delta-9 tetrahydrocannabinnol (THC). THC is fat-soluble and remains in the body up to four weeks after smoking one marijuana cigarette. Consequently, even the occasional user can be detected through urinalysis. Research indicates that regular use may have long-term effects on the user's brain, heart, and reproductive organs. The numerous carcinogenic chemicals found in marijuana smoke make it particularly harmful to the lungs.

(3) Depressants. The use of depressants can result in a change in tolerance and physical as well as psychological dependency. The combining of multiple depressants (e.g. Xanax and alcohol) will intensify the depressant effects, exacerbating the health risk. Withdrawal symptoms include anxiety, vomiting, acute psychotic episodes, seizures, coma and death.

(4) Stimulants. High doses of stimulant drugs result in intense personality disturbances, including visual and auditory hallucinations, delusions, and paranoia. Tolerance develops rapidly. Cross-tolerance does develop among stimulant drugs (e.g. methamphetamines and cocaine). The use of cocaine can cause death by cardiac arrest or respiratory failure. Stimulants are addictive and withdraw from them may cause depression and suicidal ideation with some individuals.

(5) Narcotics. Tolerance, especially to the euphoric effects of narcotics, and physical dependence develop rapidly. In order to avoid intense drug cravings, the addict becomes preoccupied with acquiring the drug. Withdrawal symptoms are extremely uncomfortable; however, they are seldom life-threatening.

(6) Hallucinogens. Large doses of Phencyclidine (PCP) may result in convulsive seizure, coma, and death. Mood disorders occur and the user may become violent, irrational, and potentially harmful to self and others. Lysergic acid (LSD), mescaline, and psilocybin cause sensations and feelings to change rapidly. The user may experience panic, confusion, anxiety, and depersonalization; spontaneous reappearance e.g., flashback of the drug experience after use has ceased may occur.

(7) Anabolic-androgenic steroids. Steroid users can experience serious cardiovascular, liver, central nervous system, gastrointestinal, and reproductive disorders. In males, use can result in testicular atrophy, sterility, impotence and arrested growth. Irreversible masculinization and sterility can result when women use steroids. Psychological impairments include mood swings, depression, and very aggressive behavior.

Approved by: /s/ Sharon L. Gaber, Ph.D. President January 29, 2019 Date *Review/Revision Completed by:* *Student Affairs* *SLT*	**Policies Superseded by This Policy:** • *3364-30-09 Alcohol & Substance Abuse* • *Previous 3364-30-02,* Initial effective date: July 12, 2011 Review/Revision Date: October 8, 2013, November 2018, January 4, 2019, January 29, 2019 Next review date: January 31, 2022